

## 2020 Healthy Choice Program Requirements: Unknown

### Missing Data Requirements

The steps you take to meet your Healthy Choice goals in 2020 will determine your 2021 premium.

At this time we can't fully describe your next steps because the plan is **missing information about your health status**. To get your health status updated, please do the following as soon as possible:

1. Visit a licensed health professional (MD, DO, NP, PA) to complete the *Health Visit Report Form* (Go to [employeehealthplan.clevelandclinic.org](http://employeehealthplan.clevelandclinic.org), choose "Resources," then "Find a Form.")
2. Ask the health professional to send the completed *Health Visit Report Form* to the Health Plan at the address or fax number listed on the form.

After we receive the form with your updated health status, your Healthy Choice Portal will be updated with information outlining which Healthy Choice program(s) to participate in to qualify for the best premium discount. **Login to your portal after you submit your form to view your updated Health Status and view your personal program requirements.**

### **If you receive one or more of six diagnoses (asthma, diabetes, high cholesterol, high blood pressure, weight management, nicotine/tobacco use), take these steps:**

- If you haven't already, join the necessary Coordinated Care Program(s) to start managing your condition(s) **by March 31, 2020**. (To join for asthma, diabetes, high blood pressure, high cholesterol or weight management, call the Medical Management Department at 216.986.1050 or toll-free at 888.246.6648. If you have been identified as a nicotine/tobacco user, call ONE HR Service Center at 216.448.2247 (option 2) or toll-free at 877.688.2247 (option 2) and follow the prompts for Healthy Choice.)

### **OR**

- If you are already in a Coordinated Care Program(s), stay in contact with your care coordinator and set your 2020 goals for each program with your care coordinator. You must **actively participate** in the Coordinated Care Program(s) for six months and achieve your goals **by September 30, 2020**.

You must submit all your final results to your Care Coordinator no later than September 30, 2020.

### **If your healthcare provider diagnoses you as healthy, take these steps:**

- Join or continue to participate in an EHP approved fitness center (listed on the EHP website [employeehealthplan.clevelandclinic.org](http://employeehealthplan.clevelandclinic.org)) and participate 10 times per calendar month or participate in Cleveland Clinic Yoga classes 10 times per month (or any combination of both EHP approved fitness center and Cleveland Clinic Yoga classes for a total of 10 times per month) for any six months by Sept. 30, 2020;

### **OR**

- Participate in Activity Tracking by using an approved activity device to track **150,000 steps or 900 physical activity minutes each calendar month for any six months from January 1, 2020 to September 30, 2020**. Be sure to login to your Healthy Choice Portal once per week to monitor your data is being recorded.

If you have additional questions, please call the Employee Health Plan Customer Service Center at 216.448.2247 (option 2) or toll-free at 877.688.2247 (option 2), and follow the prompts for Healthy Choice.