

# Personal Program Requirements

## Your Health Status is: **UNKNOWN**

### What does it mean if your health status says “Unknown”?

Your health status is unknown because the health plan doesn't have enough information to determine your health status. Ask your provider to complete and sign a Health Visit Form and submit it as soon as possible so we can assign your health status.

You aren't eligible for a discount in 2022 if your Health Status remains “Unknown.” You must submit a Health Visit form as soon as possible and then meet the goals that are set for your specific health status.

### What should I do?

Follow these steps to learn your health status and get started:

- ❑ Ask your primary care provider to submit a completed Health Visit form as soon as possible. The health visit form is attached below so you can print it quickly, if needed.
- ❑ View your updated health status and Personal Program Requirements in your portal. More details will be provided on your portal, after your health status is updated.
- ❑ Start participating by Mar. 31, 2021 to be eligible for full credit in 2021. You'll need to actively participate for at least six months and meet all the goals that are set for you by Sept. 30, 2020.

#### **If your health status says HEALTHY:**

You'll need to track your physical activity with an approved activity device that is linked to your portal account. Your goal is to reach 180,000 steps or 900 minutes of physical activity each month, for any six months from Jan. 1 through Sept. 30.

#### **If your health status says CHRONIC CONDITION:**

You'll need to join a Coordinated Care Program for each condition that's identified for you. Some members in the weight management and/or hyperlipidemia program will need to participate in an eCoaching program.

**NOTE:** *If you are new to Healthy Choice and want to get started, you can start participating with an activity device, but your participation will not count until we determine if you have the Chronic or Healthy status.*

Do you have one of the six chronic conditions but your Health Visit form hasn't been completed yet? Call 216.986.1050, option 2, to find out if you can enroll in the programs that apply to you.

Questions? Call **216.448.2247** (option 2) or toll-free at **1.877.688.2247** (option 2).

Under HIPAA, EHP like other health insurers, is permitted to access health data for the purposes of claims payment, health program development and treatment coverage. As with any of our healthcare plans and programs, plan member privacy is protected in full compliance with HIPAA.

For more details about our privacy policies, visit:

<https://employeehealthplan.clevelandclinic.org/Privacy-Policy.aspx>



Cleveland Clinic/Akron General Employee Health Plans (EHP) Health Visit Report Form

Must be completed by a licensed health professional (MD, DO, NP, PA) from your PCP's office and mailed or faxed directly to EHP

Date of Examination: \_\_\_\_\_

Provider Information (Required):

Last name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Office Address: \_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

Office Phone: ( ) \_\_\_\_\_

Patient Information (Required):

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

EHP ID: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Biometric Data (Required):

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ BMI: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_/\_\_\_\_\_

Lab Work (Required):

If under age 40, all individuals should have a baseline panel. If normal, repeat at age 40. For age 40 or older, cholesterol screening must be within last three years.

Date Drawn: \_\_\_\_\_ LDL: \_\_\_\_\_

Chronic Conditions (Required) - Please complete each line

(Check Y if patient has diagnosis, Check N if screen is negative or there is no patient history):

Hypertension: Y\_\_\_\_\_ N\_\_\_\_\_ (Check Yes if BP > 140/90 or on treatment regimen)

Diabetes: Y\_\_\_\_\_ N\_\_\_\_\_ (If applicable, Type 1 or Type II: \_\_\_\_\_ goals for diabetes are BP < 130/80, LDL < 100)

Hyperlipidemia Y\_\_\_\_\_ N\_\_\_\_\_ (Check Yes if LDL > 130 or on treatment regimen)

Asthma Y\_\_\_\_\_ N\_\_\_\_\_

Overweight/Obese Y\_\_\_\_\_ N\_\_\_\_\_ (Check Yes if BMI is 27 or above)

Current Nicotine Use Y\_\_\_\_\_ N\_\_\_\_\_ (Includes smoking, chewing and vaping)

I authorize my patient to join the applicable physical activity and/or Coordinated Care Program to help maintain or improve their health status.

Provider Signature- (Required): \_\_\_\_\_

Please return by mail to:

Cleveland Clinic/Akron General Employee Health Plans
3050 Science Park Drive / AC332B
Beachwood, OH 44122

email to: ehphc@ccf.org

or

via fax: 216.448.2053