

4TH QUARTER REWARD

Tune In

Tune in to your health this fall, reach one goal for the month, and earn your own pair of wireless earbuds.



★ Take charge of your health and reward yourself with a free set of earbuds!

- ① Log in to your Healthy Choice portal. Spouses on the plan can join too!
- ② Pick one goal each month: steps, active minutes, or watch the month's videos.
- ③ Once completed, view your reward code within 5 business days on your Message Board.

Pick a goal each month

Choose how you will earn your reward by completing one of the following: 180,000 steps, 900 active minutes, or by watching 7 videos. **Feel free to complete all three months!**



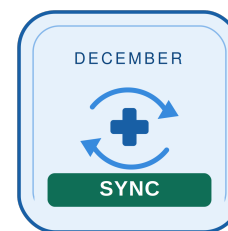
October | Recharge

180,000 steps, 900 active minutes, or this month's videos



November | Amplify

180,000 steps, 900 active minutes, or this month's videos



December | Sync

180,000 steps, 900 active minutes, or this month's videos

- Members must have a Healthy Choice portal to participate.
- Spouses on the plan can join and earn a reward too.
- Members may earn one reward between Oct. 1 and Dec. 31.
- Goals reset on the first of each month.
- This program is open to all participants, regardless of Healthy Choice health status.
- Earbuds are not eligible for exchanges, refunds, or returns. Reward must be claimed by February 12, 2027.

About Healthy Choice

The Healthy Choice program is a voluntary premium discount program from the Employee Health Plan (EHP) that rewards you for taking action to manage your health. The program provides resources to help you save on your premium and support your overall well-being.

Questions? Our EHP Wellness Specialists are here to help at 216.986.1050, option 3.