Apple Health and Google Fit now link directly to the Healthy Choice App

Download the latest version of the Healthy Choice app to enjoy its latest updates, including direct links to Apple Health and Google Fit.

Do you use the Healthy Choice app to sync with Apple Health or Google Fit? Be sure to download the latest version. The upgraded app will have the same look and features, with one major update. Data from Apple Health and Google Fit will link **directly** with the EHP Healthy Choice app, which means **you will no longer need the MC Link app**.

You will not lose any data in your Healthy Choice portal when you update.

We encourage you to do this as soon as possible as the older version of the EHP Healthy Choice app will no longer work in the near future. If you link directly to Garmin or Fitbit, you should also upgrade to the new app.

View these instructions to update your app:

Instructions for Android

Simply update your EHP Healthy Choice app in the Google Play Store.

1. Tap the three lines in the top left, select "My Apps & Games" then under updates, select "Install App Updates."
2. Login using the same username and password as your Healthy Choice portal account.
3. Tap the menu (3 dots) and select the Link Device tab and tap on "Use App."
4. Tap the menu and select the Settings tab, toggle on Link Google Fit (you must grant permission to share).
5. In the Settings tab, tap "Sync activity data" to initiate the process.
6. Tap the running man icon to view your dashboard and confirm your data is syncing to the portal.
7. Delete the MC Link app, if you have it (only Google Fit users).

Instructions for iPhone (Personal Phones)

On your personal iPhone, you'll need to complete these step:

1. Uninstall the current Healthy Choice app from your phone.
2. Go to the App Store and download the new version of the app, labeled "EHP Healthy Choice." (Version 2)
3. Login using the same username and password as your Healthy Choice portal account.
4. Tap the menu (3 dots) and select the Link Device tab and tap on "Use App."
5. Tap the menu and select the Settings tab, toggle on Link Apple Health (you must grant permission to share).
6. In the Settings tab, tap "Sync activity data" to initiate the process.
7. Tap the running man icon to view your dashboard and confirm your data is syncing to the portal.
8. Delete the MC Link app, if you have it (only Apple Watch/Apple Health users).

Instructions for iPhone (Cleveland Clinic Phones)

Beginning **Friday Aug. 6th**, on your Cleveland Clinic iPhone, you'll need to follow these steps:

1. Uninstall the current Healthy Choice app from your phone.

2. Go to the Catalogue and download the new version of the app, labeled "EHP Healthy Choice."
3. Login using the same username and password as your Healthy Choice portal account.
4. Tap the menu (3 dots) and select the Link Device tab and tap on "Use App."
5. Tap the menu and select the Settings tab, toggle on Link Apple Health (you must grant permission to share).
6. In the Settings tab, tap "Sync activity data" to initiate the process.
7. Tap the running man icon to view your dashboard and confirm your data is syncing to the portal.
8. Delete the MC Link app, if you have it (only Apple Watch/Apple Health users).

Questions? Contact the Healthy Choice app support team at support@motionconnected.com.