

## Program Requirements | Activity Modified

The Healthy Choice program is a voluntary premium discount program from the Employee Health Plan (EHP) that rewards you for taking action to manage your health. The program provides resources to help you save on your premium and support your overall well-being. When you participate and meet the program requirements, you'll be eligible to earn a discount off next year's premium.

If you have a spouse on the health plan, they can also participate, and together you can achieve the best discount.

## Incentive Program | Activity Modified

Your current Incentive Program is: **Activity Modified**. This means you will be required to meet goals specific to the **Modified Track** which will include tracking fruits, veggies or water.

## How to Get Started

- Scan the QR code or click the logo to download the Healthy Choice App.

APPLE



ANDROID



## How to Earn Full Credit

- Login to your portal by **March 31**.
- Log your fruit, veggies or water intake 10 times each calendar month for **6 months**.
- Complete the required fruit, veggies or water logging in your portal by **Sept. 30**.

Refer to the FAQ found in your portal for more details.

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## How to Earn Partial Credit

### Option 1

- Login to your portal by **March 31**.
- Log your fruits, veggies or water intake **5 times** each calendar month for **6 months**.
- Complete the required fruit, veggies or water logging in your portal by **Sept. 30**.

### Option 2

- Login to your portal by **June 30**.
- Log your fruits, veggies or water intake **10 times** each calendar month for **3 months**.
- Complete the required fruit, veggies or water logging in your portal by **Sept. 30**.

Refer to the FAQ found in your portal for more details.

## Finish Strong by the Sept. 30 Final Deadline

**Questions? Contact an EHP Wellness Specialist at 216.986.1050, option 3, or visit our website at <https://employeehealthplan.clevelandclinic.org> for more information.**

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. We will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

Under HIPAA, EHP, like other health insurers, is permitted to access health data for the purposes of claims payment, health program development and treatment coverage. As with any of our healthcare plans and programs, plan member privacy is protected in full compliance with HIPAA.

View our privacy policies at [Notice of Privacy Practice](#)

View the nondiscrimination notice at [EHP Non-Discrimination Notice](#)

*Remember:* HIPAA regulations apply to questions you ask about the members of your household covered by the Health Plan.