



Healthy Choice for New Caregivers FAQ

ELIGIBILITY

Who is eligible for the Healthy Choice for New Caregivers program?

Any caregiver who is new to Cleveland Clinic between Jan. 1–Sept. 30 of the current year.

**If a caregiver is returning to Cleveland Clinic after previous employment, they cannot participate in the Healthy Choice for New Caregivers program. They can only participate in the standard Healthy Choice program and work toward full or partial credit.*

You must be enrolled in the Employee Health Plan to participate in the Healthy Choice for New Caregivers program.

Do spouses need to participate?

If your spouse is on your plan, they are not required to participate in the Healthy Choice for New Caregivers Program; however they are encouraged to participate in preparation for the standard Healthy Choice program which begins in Year 2.

PROGRAM REQUIREMENTS

When do the requirements need to be completed?

If you were hired between Jan. 1–Aug. 15, complete your program requirements by Sept. 30. If you were hired between Aug. 16–Sept. 30, reach out to our Wellness Specialists for more information at 216.986.1050, option 3.

Am I required to submit a Health Visit Form?

A Health Visit Form is not required for the Healthy Choice for New Caregivers program. However, during your first year, we encourage you to establish a relationship with a primary care provider and submit a completed Health Visit form, which will be required to determine your health status for the upcoming year.

Where to find Health Visit Form?

In your Healthy Choice portal, under your Wellness Resources, click “Health Visit Form”.

How is your premium discount level determined?

By finishing all of the program tasks below, you will earn your 15% Healthy Choice premium discount for the next year.

- Set up your account in the Healthy Choice portal.
- Complete all 12 required Awareness modules.
- Sync an activity device.

How much of a discount can I earn by participating in the Healthy Choice for New Caregivers program?

You can earn a 15% discount on next year’s health insurance premium.

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DEVICES

Do I need to sync an activity device to earn a premium discount?

Yes. You are required to sync an activity device and show at least one step to make sure your device is connected. This will ensure your Healthy Choice portal is ready for year two.

What if I don't have an activity device?

Healthy Choice members, including spouses, are eligible for a one-time \$60 device credit. Log in to your Healthy Choice portal and click the "Device Store" tab to redeem your one-time credit for a Garmin or Fitbit.

*Only one credit can be used per member and is not transferable to other members.

HEALTHY CHOICE | YEAR 2

What should I do during the Healthy Choice for New Caregivers program to prepare for year 2?

During the Healthy Choice for New Caregivers program, become familiar with the Healthy Choice program, establish a primary care provider and submit a completed Health Visit Form. If your spouse is covered under your plan, they should also become established with a primary care provider and submit a completed Health Visit Form.

How do I enroll in the Healthy Choice program after completing the New Caregiver program?

Your Healthy Choice portal will remain active. Check your portal in January and follow your program requirements.

How can I learn more about Healthy Choice year two?

For more information, visit our website at <http://www.clevelandclinic.org/healthychoice> for more information.

Questions? The EHP team is here to help. Contact us at 216.986.1050, option 3, or visit our website at <https://employeehealthplan.clevelandclinic.org> for more information.

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. We will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

Remember: HIPAA regulations apply to questions you ask about the members of your household covered by the Health Plan.

Under HIPAA, EHP, like other health insurers, is permitted to access health data for the purposes of claims payment, health program development and treatment coverage. As with any of our healthcare plans and programs, plan member privacy is protected in full compliance with HIPAA.

For more details about our privacy policies, visit <https://employeehealthplan.clevelandclinic.org/Privacy-Policy.aspx>