



## Healthy Choice for New Caregivers

The Healthy Choice program is a voluntary premium discount program from the Employee Health Plan (EHP) that rewards you for taking action to manage your health. The program provides resources to help you save on your premium and support your overall well-being. As a brand-new caregiver at Cleveland Clinic, you will be eligible to join the Healthy Choice for New Caregivers program. When you participate and complete the required tasks, you'll earn a 15% discount on your current year's health plan premium, which will be reflected in 1–2 pay cycles.

You must be enrolled in the Employee Health Plan to participate in the Healthy Choice for New Caregivers program.

### 1 Log into your Healthy Choice Portal



To get started, scan the QR code below to download the app. You will need your health plan ID and date of birth to create your account and log in.

APPLE



ANDROID



### 2 Connect an activity device



Now that you have created your Healthy Choice account, it is time to connect your activity device to the Healthy Choice app.

- Within the Healthy Choice app select the three dots and tap “Link Device”, then select the type of device you are connecting.
- Click [here](#) for step-by-step instructions or visit [clevelandclinic.org/healthychoice](http://clevelandclinic.org/healthychoice).
- A one-time \$115 credit is available in the portal to use toward the purchase of an activity device. Log in to your portal and select “Device Store” to learn more.

### 3 Complete 13 Awareness videos



Log in to your Healthy Choice portal.

- Select “Dashboard” then tap “View” under the “Healthy Choice for New Caregivers – Required Tasks”.
- Complete all 13 videos.

### 4 Finish strong by the final deadline



If you were hired between Jan. 1–Oct. 31 complete the required tasks by Dec. 28 to earn a 15% discount on your current year's health plan premium. The discount will take 1-2 pay cycles to be reflected in your Workday portal and paycheck. If you were hired between Nov. 1–Dec. 31, contact the EHP Wellness Specialists at 216.986.1050, option 3 for more information.

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**Questions? The EHP team is here to help. Contact us at 216.986.1050, option 3, or visit our website at <https://employeehealthplan.clevelandclinic.org> for more information.**

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. We will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

*Remember:* HIPAA regulations apply to questions you ask about the members of your household covered by the Health Plan.

Under HIPAA, EHP, like other health insurers, is permitted to access health data for the purposes of claims payment, health program development and treatment coverage. As with any of our healthcare plans and programs, plan member privacy is protected in full compliance with HIPAA.

For more details about our privacy policies, visit <https://employeehealthplan.clevelandclinic.org/Privacy-Policy.aspx>