

Program Requirements | Activity Program

The Healthy Choice program is a voluntary premium discount program from the Employee Health Plan (EHP) that rewards you for taking action to manage your health. The program provides resources to help you save on your premium and support your overall well-being. When you participate and meet the program requirements, you'll be eligible to earn a discount off next year's premium.

If you have a spouse on the health plan, they can also participate, and together you can achieve the best discount.

Incentive Program | Activity Program

Your current Incentive Program is: **Activity Program**. This means you will be required to meet goals specific to the Activity Track.

How to Get Started

- Scan the QR code or click the logo to download the Healthy Choice App.

APPLE



ANDROID



- Connect an approved activity device to the portal.
- If you need an activity device, visit the "Device Store" in your portal to redeem your one-time \$115 device credit.
- Confirm your device is syncing to the Healthy Choice portal weekly.

Important Notice:

- We do not accept pictures or screenshots of your activity steps as valid submissions toward meeting your Healthy Choice Program activity requirements.
- Manually added steps or active minutes are not permitted.
- It is the member's responsibility to ensure that your activity data is properly syncing to the Healthy Choice portal.
- Please verify your device and App settings to confirm that your activity is being recorded and transmitted accurately.
- The Employee Health Plan does not take responsibility for lost, broken, stolen, malfunctioning devices or data loss.

Thank you for your cooperation and commitment to your health!

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How to Earn Full Credit

Checking your Healthy Choice portal weekly is essential to stay on track.

- Connect and confirm your device is syncing in January, but no later than **March 31**.
- Track your activity in the portal and meet the monthly activity goal for any **6 months** between January and September.
- **Monthly activity goal:** 180,000 steps per calendar month or 900 active minutes per calendar month.

Refer to the FAQ found in your portal for more details.

How to Earn Partial Credit

Checking your Healthy Choice portal weekly is essential to stay on track.

Option 1

- Connect and confirm your device is syncing by **March 31**.
- Track your activity in the portal and meet the monthly activity goal for any **6 months** between January and September.
- **Monthly activity goal:** 90,000 steps per calendar month or 450 active minutes per calendar month.

Option 2

- Connect and confirm your device is syncing by **June 30**.
- Track your activity in the portal and meet the monthly activity goal for any **3 months** between June and September.
- **Monthly activity goal:** 180,000 steps per calendar month or 900 active minutes per calendar month.

Refer to the FAQ found in your portal for more details.

Finish Strong by the Sept. 30 Final Deadline

Questions? Contact an EHP Wellness Specialist at 216.986.1050, option 3, or visit our website at <https://employeehealthplan.clevelandclinic.org> for more information.

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. We will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

Under HIPAA, EHP, like other health insurers, is permitted to access health data for the purposes of claims payment, health program development and treatment coverage. As with any of our healthcare plans and programs, plan member privacy is protected in full compliance with HIPAA.

View our privacy policies at [Notice of Privacy Practice](#)

View the nondiscrimination notice at [EHP Non-Discrimination Notice](#)

Remember: HIPAA regulations apply to questions you ask about the members of your household covered by the Health Plan.