

## Activity Device Guide | Apple

### How to link Apple Health to your Healthy Choice app

Link your Apple Health account (Apple Watch or iPhone) to your Healthy Choice portal.

1. First ensure your Activity app and Apple Health app are set up on your iPhone. In addition, if you are using an Apple Watch ensure it is synced with your iPhone.
2. Download the Healthy Choice app, by scanning the QR code or navigate to the App Store, search and download the app titled “EHP Healthy Choice.”
3. Log in to or create a Healthy Choice account.
4. Tap the menu (3 dots) and select the “Link Device” tab, then tap on “Use App”.
5. Tap the menu (3 dots) and select the Settings tab, turn on “Link Apple Health” to allow the app to connect with Apple Health.
6. Tap the running man icon to view your dashboard and confirm your data is syncing to the portal.

APPLE



**Trouble Connecting?** Try trouble shooting with the steps below.

In the Settings tab, tap “Sync activity data” to sync. You have now connected Apple Health to the Healthy Choice Portal for tracking steps and active minutes.

NOTE: It is the members responsibility to ensure steps or activity minutes are uploading to the Healthy Choice portal. In order for steps or activity data to show in your Healthy Choice portal you must open the Healthy Choice app to allow the data to sync. We recommend opening the Healthy Choice app on a weekly basis.

#### **Need help with your device?**

Contact Apple Support: 800.692.7753

[Apple Customer Service Website](#)

**Questions?** Contact the EHP Wellness Specialists at 216.986.1050, option 3 for more information.