

Schedule for the Eat Well Program

Spring Quarter 2019

Location (City)	Day of Week	Start Date-End Date (please note skipped dates)	Time	Classroom	Max Class Size	RD Facilitator
Lorain Family Health Center (Lorain)	Mondays	4/1-6/10 (no class 4/22)	12:00-12:45p	Medical Records Conference Room	12	Anna
Moll Cancer Pavilion (Fairview Park)	Thursdays	4/4-6/6	12:00-1:00p	Basement suite 102-B	8	Anna
Lutheran Hospital (Cleveland)	Wednesdays	4/10-6/19 (no class 6/5)	11:00a-12:00p	Spine Center Conference Room 2C	12	Joyce
CCAC – Cleveland Clinic Administrative Campus (Beachwood)	Wednesdays	4/17-6/19	7:30-8:15a	AC2-1-140	10	Lisa
BOC – Business Operations Center (Independence)	Wednesdays	4/17-6/19	9:15-10:00a	RK1-200	12	Lisa
Independence Family Health Center (Independence)	Tuesdays	4/9-6/25 (no class 5/14 or 5/21)	5:45-6:30p	6-131	12	Mira
Medina – Medical Office Building South (Medina)	Wednesdays	4/3-6/5	12:00-12:45p	MGS1-105	10	Gillian
Main Campus (Cleveland)	Thursdays	4/4-6/13 (no class 5/30)	12:00-12:45p	Ab4 conference room	8	Erin
Richard E Jacobs Family Health Center (Avon)	Thursdays	4/11-6/13	12:15-12:45p	TBD	8	Andrea

Eat Well Eligibility Criteria:

- BMI of 27 or above (*BMI criteria may be waived for past participants of Eat Well who have achieved a lower BMI*)
- Enrolled in Employee Health Plan (*Both employees and spouses on EHP are eligible*)

Meet the eligibility criteria? Email eatwell@ccf.org to get scheduled.

Please confirm you meet both criteria, identify your preferred class session, and include your birthday and full name.